

## Nature's Essential Oils

Optimal blend of EPA, DHA, ALA, GLA  
for disease prevention, suppression  
of inflammation and anti-aging.

Contains a unique blend of omega-3, omega-6, and omega-9 essential fatty acids derived from equal concentrations of: GMO-free flaxseed oil, borage oil (22% GLA), and high-yield fish oil (30% EPA / 20% DHA). This product corrects the common essential fatty acid deficiencies and imbalances that have been shown to contribute to cardiovascular disease, inflammatory conditions, skin disorders, and other problems. This product helps maximize total health and well being by providing the optimal levels of essential fats that support the cardiovascular, immune and nervous systems, as well as brain function, vision, the smoothness and appearance of the skin, and many other health-promoting applications. GMO free flax seed oil is a rich source of omega 3 fatty acids. Fish oil is also a rich source of the fatty acids EPA and DHA. Both EPA and DHA are required for brain development, vision, immune function and for synthesis of the myelin sheath, that insulates many nerves throughout the body. Recent studies indicate that higher brain levels of omega-3 fats reduce future risk of dementia as one ages and that most people do not achieve optimal levels from their daily diet. Higher circulating levels of these essential fats found in our tissue is also associated with lower risk of certain cancers. This formula contains one of the highest amounts of EPA, DHA (50% yield of pure EPA and DHA) available on the market. Borage oil is a rich source of GLA, and the active ingredient for prostaglandin series-1 hormones. Diabetics and individuals who suffer from eczema, PMS and immune dysfunction have been shown to produce insufficient amounts of GLA. The production of GLA in the body also declines as we age and is an important aspect in nerve repair. In general, Nature's Essential Oils is an important supplement for virtually all adults and is designed to be taken in conjunction with the All-in-One High Potency Multi-Vitamin & Mineral.

### Clinical Applications:

Essential foundation support for prevention of heart disease, dementia and cancer

Adjunctive management for:

- joint inflammatory conditions
- any other inflammatory condition
- dry, flaky skin and perifollicular hyperkeratosis (small bumps over large surface of skin area, often the back or anterior thigh)

Adjunctive management for psoriasis and eczema



### Active Ingredients

Alpha Linolenic Acid (Omega 3)	636 mg
Gamma Linolenic Acid (Omega 6)	228 mg
Eicosapentaenoic Acid (Omega 3)	360 mg
Docosahexaenoic Acid (Omega 3)	240 mg
Linoleic Acid (Omega 6)	625 mg
Oleic Acid (Omega 9)	544 mg
Vitamin E (from mixed tocopherols)	30 IU
Calories	38.1
Calories from Fat	32.4
Total Fat	3.3 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	2.2 g
Saturated Fat	0.6 g
Cholesterol	8.4 mg
Carbohydrate	0.51 g
Protein	0.909 g

Amounts for 3 capsules, 90 per bottle

### Contraindications & Considerations

Conditions:

- Kidney Failure (Renal Failure)<sup>1</sup>
- Received a transplant of any kind<sup>1</sup>

<sup>1</sup>Requires approval from specialist/physician